



**ACADEMIC YEARS: 2023-2024**

# **DRUG AND ALCOHOL ABUSE AND PREVENTION PROGRAM (DAAPP)**

Annual Policy Notification in accordance with the  
Federal Drug-Free Schools and Communities Act  
Regulations (EDGAR Part 86)

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# INTRODUCTION

Alamance Community College is committed to fostering a safe and secure campus environment in which we learn, work, and play. This document provides internal and external resources that are available for specific information to support our continuous commitment to maintaining a safe, inclusive, and caring community.

In accordance with The Drug-Free Schools and Campuses Regulations (EDGAR Part 86), Alamance Community College conducts a biennial review of alcohol and other drug programs and services. Pursuant to EDGAR Part 86, all institutions of higher education receiving federal funds or financial assistance must develop and implement a program to prevent the unlawful possession, use, or distribution of illicit drugs and alcohol by students and employees. Each institution must conduct a biennial review of the programs effectiveness and the consistency of the enforcement of sanctions.

Alamance Community College has developed this Drug and Alcohol Abuse and Prevention Program document in compliance with the Drug-Free Schools and Communities Act notification. This report includes standards of conduct policies, institutional sanctions, health risks, and programs related to alcohol and other drug abuse. This information is to be disseminated to every Alamance Community College employee and student.

Department of Public Safety

## **ACCESSIBILITY TO INFORMATION AND ANTI-DISCRIMINATION COMMITMENT:**

Nondiscrimination Policy In compliance with Title IX and Title VI of the Civil Rights Act, Alamance Community College does not discriminate in administering its programs and activities. No person shall be denied access to admission, employment or fair treatment, or in any way be discriminated against on the basis of race, color, sex, sexual orientation, religion, age, national origin or disability. The following person has been designated to handle inquiries of non-discrimination policies: HR Director Alamance Community College, 1247 Jimmie Kerr Road | PO Box 8000 | Graham, NC 27253 | 336.506.4133

# Disbursement Plan

Alamance Community College will post this document on the external website for all interested persons. Alamance Community College will also email out to all students and employees a direct link to this document, a link to the website stating where the document is stored.

All employees and students are provided with an institutional email. Alamance Community College, consistent with the local, state or federal law, will impose sanctions against any student or employee who violates the following standards of conduct. These sanctions may include, but are not limited to mandatory participation in an appropriate rehabilitation program, expulsion from the college, termination of employment, or referral to the authorities for prosecution. The student specific policies contained within this document are also distributed every academic year to the students in the student handbook. All student applicants and inquiries receive an email directing them to the website where the document is housed. The employee specific policies contained within this document are also distributed every academic year to the employees in the employee handbook. All new hires are informed of the location of the Clery Report (which has information pertaining to Alcohol and Drug policies, arrests, and student conduct referrals) and the DAAPP.

# Alcohol And Drugs on Campus

The illegal use of controlled substances, substances that cause impairment, and abuse of alcohol are harmful to the health, well-being, and safety of the Colleges employees and students. The College is committed to maintaining a safe workplace and an educational environment free from the influence of illegal controlled substances and substances that cause impairment.

## Employee Policy

### Drug-Free Workplace

A. The unlawful manufacture, distribution, dispensation, possession, or use of a controlled substance in the Colleges workplace is prohibited. Any employee violating this policy will be subject to disciplinary action up to and including termination. The specifics of this policy are as follows:

The College does not differentiate between drug users and drug pushers or sellers. Any employee or student who gives or in any way transfers a controlled substance to another person or sells or manufactures a controlled substance while on the job or on College premises will be subject to disciplinary action up to and including termination.

The term “controlled substance” means any drug listed in 21 U.S.C. Subsection 812 and other federal regulations. Generally, these are drugs that have a high potential for abuse. Such drugs include but are not limited to heroin, marijuana, cocaine, PCP, and crack. They also include prescription drugs that are being consumed and/or distributed illegally.

Each employee is required to inform the College within five days after he or she is convicted for violations of any federal or state criminal drug statute where such violation occurred on the Colleges premises. A conviction means a finding of guilt (including a plea of nolo contendere) or the imposition of a sentence by a judge or jury in any federal or state court.

The Human Resources Office will notify the appropriate U.S. government agency within ten days after receiving notice from the employee or otherwise receiving an actual notice of such conviction.

If an employee is convicted of violating any criminal drug statute while on campus, he or she will be subject to disciplinary action up to and including termination. Alternatively, the College may require the employee to successfully finish a drug abuse program sponsored by an approved private or governmental institution as a precondition for continued employment or enrollment.

As a condition of further employment on any Federal government grant, the law requires all employees to abide by this policy.

B. Drug and Alcohol Education Prevention Program. The College seeks to maintain an environment that supports the pursuit and dissemination of knowledge while providing a safe work environment and encouraging personal health. All employees share responsibility for protecting the academic environment by exemplifying high standards of professional and personal conduct. Use of illegal drugs interferes with the activities through which the goals of the College can be realized. Therefore, such practices will not be tolerated, and the College will take any and all actions necessary, consistent with law and College policy, to eliminate the use of illegal drugs and alcohol in the College community.

1. The term “drug” includes alcohol unless the context indicates to the contrary. Testing for alcohol may involve blood or Breathalyzer tests in lieu of the urine tests designed to detect the presence of drugs. All testing procedures to ensure reliability and confidentiality will apply to tests for alcohol. The drug-testing program will help protect the health and safety of the Colleges employees and the general public through the early identification and referral for treatment of workers with drug use problems.
2. Any employee found with the presence of alcohol or illegal drugs in his or her system or possessing, using, selling, trading, or distributing illegal drugs or alcohol during working hours may be subject to disciplinary action up to and including termination.
3. Substance abuse includes possession, use, purchase, or sale of illegal drugs or alcohol on College premises or while otherwise on duty for the College. It also includes reporting to work under the influence of drugs or alcohol.
4. Any employee reporting for work visibly impaired is considered unable to properly perform required duties and will not be allowed to work. If possible, the supervisor will first seek another supervisor’s opinion of the employee’s status. Then the supervisor will privately consult with the employee to rule out any problems that may have been caused by medication prescribed by the employee’s physician.
5. If, in the opinion of the supervisor, substance abuse coordinator, or substance abuse coordinator designee, the employee’s condition is adversely affected, the employee will be sent home or to a medical facility by taxi or other safe transportation alternative (depending on the determination of the observed condition), accompanied by the supervisor or another employee, if necessary. An adversely affected employee should not be allowed to drive.
6. Prescription drugs prescribed by the employee’s physician may be taken during work hours provided that the employee can work safely. The employee should notify the supervisor if the use of properly prescribed prescription drugs will affect the employee’s work performance.
7. It is the responsibility of the employee’s supervisor and substance abuse coordinator to counsel with an employee whenever they see changes in performance that suggest an employee problem. The supervisor may suggest that the employee seek help from the Colleges Employee Assistance Program (EAP), described elsewhere in the Employee Handbook.

C. Persons Covered

a. Applicants

Pre-employment testing for controlled substances is a requirement for employment. Any applicant for employment to which the College intends to make an offer of employment on a nine-to-12-month contract basis must take a drug-screening test to determine the presence or absence of a prohibited substance.

Attached to the employment application is a consent and release form for drug testing that gives the College written permission to perform drug-screening tests and gives permission to the testing officials to report the test results to the Human Resources Director.

Only those applicants the College intends to hire on a nine-to-12-month contract basis are required to take a drug test, and any offer of employment is contingent upon the applicant testing negative.

Any applicant refusing to be tested or who tests positive will not be hired and is not permitted to submit another application for at least six months.

Any applicant who wants to be informed of the test results must request this information by signing the test results request form.

b. Incumbent Employees

(1) All employees are subject to being tested in the following situations:

(a) Reasonable Suspicion Testing. The College will require employees to submit to an alcohol and/or drug test when it has a reasonable suspicion to believe the employee is using, possessing, or under the influence of alcohol or drugs while on college premises, otherwise on duty, or as a result of an accident. The College's determination that reasonable suspicion exists will be based on specific, contemporaneous, articulable observations concerning the appearance, behavior, speech, or body odors of the employee. The observations may include indications of the chronic and withdrawal effects of illegal drugs. A trained supervisor or College official will make the required observations for reasonable suspicion testing official. The person making the determination will not conduct the alcohol and/or illegal drug test of the employee.

(b) Admission.

The College will require an employee to submit to an alcohol and/or drug test if the employee admits to illegal drugs or alcohol usage.

(2) Whenever one of these two events occurs, the employee will be transported immediately to a collection site where the testing procedures will proceed.

(3) No employee will be submitted for drug testing under this policy without the prior approval of the appropriate substance abuse coordinator(s) or designee(s). For the purpose of this procedure, the substance abuse coordinators will be (1) the Vice President of Administrative and Fiscal Services for administrative staff; (2) the Executive Vice-President; (3) the Vice President for Institutional Advancement for the resources and development staff; (4) the President for the Vice Presidents; and (5) the Board of Trustees for the President.

(4) Upon completion of the requisite procedures at the collection site and at the discretion of the supervisor(s) and substance abuse coordinator, the employee may be permitted to resume his or her duties as is safe and practical until the College receives the test results. If the test results are negative, the employee is permitted to return to work without any loss of pay. If the test results are positive, the procedures for positive test results outlined below will be followed.

(5) Prior to being tested for drugs, each employee is required to sign the consent and release form for drug testing.

(6) An employee will be immediately discharged under any of the following circumstances:

- (a) When he or she refuses to sign the consent and release forms prior to being tested.
- (b) When he or she refuses to take the drug test.
- (c) When he or she interferes with the testing process or refuses to cooperate.

(7) When the medical review officer advises the College that the employee drug test results are verified positive, the following steps will be taken:

a. For the first test in which the employee tests positive, the following procedures will apply:

- (1) The employee will be given the opportunity to enroll in a drug rehabilitation program approved by the College or the Colleges Employee Assistance Program. Any employee who refuses to enroll in drug rehabilitation or who fails to successfully complete the program will be discharged from employment.
- (2) An employee whose job involves a safety-sensitive function will not be allowed to continue working in that job (during the initial drug rehabilitation period). Although the College will use its best efforts to reassign the employee to a no-risk job, the College cannot guarantee that a job will be available. If there is no available job, the employee must take personal leave without pay.
- (3) Once the officials of the drug rehabilitation program determine that the employee has successfully completed the program and certifies this to the College, the employee may return to work without any loss of benefits, except for salary if he or she was required to take personal leave without pay.



b. For the second test in which an employee tests positive, the employee will be discharged from employment and will not be considered for re-employment. To the extent, if any, that this conflicts with the Americans with Disabilities Act (ADA), the Family and Medical Leave Act (FMLA), or other federal or state laws, such acts and laws will control.

## **Student Policy**

### **Alcohol and Drugs on Campus Policy**

The College is committed to providing each of its students a drug-free and alcohol-free environment in which to attend classes and study. From a safety perspective, the use of drugs or alcohol may impair the well-being of students, interfere with the Colleges educational environment, and result in damage to College property.

#### **All students shall adhere to the following:**

**A.** All students are prohibited from unlawfully possessing, using, being under the influence of, manufacturing, dispensing, transmitting, selling, or distributing alcohol, illegal, or unauthorized controlled substances or impairing substances at any College location.

1. Controlled Substance means any substance listed in 21 CFR Part 1308 and other federal regulations, as well as those listed in Article V, Chapter 90 of the North Carolina General Statutes. Generally, the term means any drug that has a high potential for abuse and including but not limited to heroin, marijuana, cocaine, PCP, GHB, methamphetamines, and crack. This term also includes any drugs that are illegal under federal, state, or local laws and legal drugs that have been obtained illegally or without a prescription by a licensed healthcare provider or are not intended for human consumption.

2. Alcohol means any beverage containing at least one-half of one percent (0.5%) alcohol by volume, including malt beverages, unfortified wine, fortified wine, spirituous liquor, and mixed beverages.

3. Impairing Substances include any substance taken that may cause impairment, including but not limited to bath salts, inhalants, or synthetic herbs.

4. College Location means in any College building or on any College premises; in any College-owned vehicle or in any other College approved vehicle used to transport students to and from College or College activities; and off College property at any College-sponsored or College- approved activity, event or function, such as a field trip or athletic event, where students are under the Colleges jurisdiction.

5. Reasonable Suspicion is the legal standard required before the College can require a student to take a drug or alcohol test. Some of the factors that constitute reasonable suspicion are: a) direct observation of drug use or possession; b) direct observation of the physical symptoms of being under the influence of drugs; c) impairment of motor functions; d) pattern of abnormal or erratic conduct or behavior; or e) reports from reliable sources or credible sources (anonymous tips may only be considered if they can be independently corroborated).

**B.** Student use of drugs as prescribed by a licensed physician is not a violation of policy; however, individuals shall be held strictly accountable for their behavior while under the influence of prescribed drugs.

**C.** Students may be required to be tested for substances, including controlled substances or alcohol, based on individualized, reasonable suspicion. The required observations for reasonable suspicion testing shall be made by an administrator, supervisor, or other trained official, and the person who makes the determination that reasonable suspicion exists shall not be the same person who conducts the test. This section does not apply to law enforcement officers serving the College through the local Sheriff's department. Law enforcement officers must adhere to their normal standards when conducting a search.

**D.** The College does not differentiate between drug users, drug pushers, or sellers. Any student in violation of Section A herein will be subject to disciplinary action up to and including termination or expulsion and referral for prosecution.

**E.** A student who violates the terms of this policy will be subject to disciplinary action in accordance with Policy 5.3.2 – Standards of Student Conduct. At his or her discretion, the Vice President of Student Success may require any student who violates the terms of this policy to satisfactorily participate in a drug abuse rehabilitation program or an alcohol abuse rehabilitation program sponsored by an approved private or governmental institution as a precondition of continued enrollment at the College.

**F.** Each student is required to inform the College in writing within five (5) days after he or she is convicted for violation of any federal, state, or local criminal drug statute or alcoholic beverage control statute where such violation occurred while on or at a college location. Failure to do so could result in disciplinary action.

**G.** When required by state or Federal regulations, the Student Services office will notify the appropriate government agency within ten days of receiving notice from the student or otherwise receiving actual notice of such a conviction.

**H.** In addition to this Policy, students employed by the College, including students employed under the Colleges Work Study Program, shall adhere to the requirements in Policy 3.4.2 – Employees - Drugs and Alcohol on Campus.

June 13, 2022

## **Drug/Alcohol Education and Prevention**

Educational information on drug and alcohol issues will be available to all students on a continuing basis throughout the year. On a periodic basis, events will be scheduled featuring guest speakers, films, video presentations, etc.

Any student wanting information or assistance should contact the Director of Career Services and Counseling in Student Success. Appropriate information or referral will be handled confidentially.

## Drug/Alcohol Resource Guide

### Local

- Alcoholics Anonymous Hotline ..... 1-888-237-3235
- Narcotics Anonymous Helpline..... 1-866-375-1272
- Substance Abuse Hotline (LME) ..... 336-513-4444
- Residential Treatment Services.....336-227-7417
- ARMC Behavioral Medicine Services..... 336-538-7893
- Cardinal Health Innovations (LME) ..... 336-513-4222
- UNC Health Care Alcohol and Substance Abuse Program.....919-966-6039

### State and National

- Alcohol/Drug Council of N.C. Information and Referral Service. 1-800-688-4232
- Drug-Free Workplace Help Line ..... 1-800-967-5752
- American Council on Alcoholism Helpline..... 1-800-527-5344
- Al-Anon ..... 1-800-449-1287
- Center for Substance Abuse Prevention (SAMHSA)..... 1-240-276-2420

### Resources for Faculty and Staff

If you are a Staff or Faculty member who is encountering difficulties because of substance abuse or other negative behaviors, you should seek help immediately.

Employees: Employee Assistance Counseling Program: ARMC, 1238 Huffman Mill Road, Burlington, NC 27215; 336-538-7481; eacp@conehealth.com

## ALCOHOL/DRUGS: RISKS & LAWS (North Carolina Laws) (North Carolina Laws)

### North Carolina Alcohol Laws

#### Underage Drinking

North Carolina General Statutes 18-102: It is illegal for anyone under 21 years of age to attempt to purchase, consume, possess, or knowingly and intentionally transport any liquor, malt, or brewed beverage. It is also illegal to lie about age to obtain alcohol and to carry a false identification card.

#### North Carolina General Statutes: 18B-102

All members of the College community are expected to comply with North Carolina statutes prohibiting the use of alcoholic beverages by persons younger than 21 years of age.

Specifically, it is against the law:

To sell or give beer, wine, liquor or mixed beverages to anyone younger than 21 years of age;

For a person younger than 21 years of age to purchase or possess beer, wine, liquor or mixed beverages;

To use fraudulent identification or to permit the use of one's identification by another in order to obtain alcohol illegally.

## **Sanctions**

Any person younger than 21 who aids or abets another in violation of the above regulations shall be guilty of a misdemeanor, punishable by a fine of up to \$500, or imprisonment for up to six months or both. Any person 21 years old or older who aids or abets another in violation of the above regulations shall be guilty of a misdemeanor, punishable by a fine of up to \$2,000, or imprisonment or both. Any person who aids or abets another in securing alcohol may be liable for personal injuries or property damages resulting from misconduct by those who are intoxicated. Organizations and officers may also have such liabilities. Upon conviction, a report is sent to the North Carolina Division of Motor Vehicles. Any person convicted of violating the above regulations may automatically have his/her driver's license revoked for a period of one year.

## **Misdemeanor Sentences**

North Carolina punishes misdemeanants according to the level (Class) of the crime. Repeat offenders are subject to jail time (not shown)

- Class 1: up to 45 days of "community punishment" (probation), plus the possibility of a fine, to be determined by the judge
- Class 2: up to 30 days of community punishment, plus the possibility of a fine of up to \$1,000
- Class 3: up to 10 days of community punishment, plus the possibility of a fine of up to \$299. (North Carolina Gen. Stat. Ann Section 15A-1340.23)

## **Carrying False I.D.**

It is illegal for anyone under 21 years of age to possess an identification card falsely identifying that person by name, age, date of birth, or photograph as being 21 or older to attempt to obtain liquor, malt or brewed beverage by using the identification card of another or by using an identification card that has not been lawfully issued to or in the name of the person who possesses the card.

## **Driving while Impaired**

N.C.G.S. 20-138: In North Carolina, the illegal level for D.W.I. is .08% Blood Alcohol Content (BAC) and .02% BAC for minors (under 21 years of age). Also, drivers with any amount of a Scheduled Controlled Substance not medically prescribed may not drive, operate, or be in actual physical control of a vehicle.

## **United States Statutes**

It is a violation of federal law to possess, use, manufacture, or distribute a controlled substance. A student or employee found responsible for possessing a controlled substance may be subject to some or all of the following sanctions under federal law. Portions of the summary which follow were provided by the federal government. Although the summary represents a good-faith effort to provide information, Alamance Community College does not guarantee that it is error-free or exhaustive.

18 U.S.C. 922.g.: Conviction: ineligibility to receive or purchase a firearm.

21 U.S.C. 884.a.: First conviction: imprisonment for up to one year, a fine of at least \$1,000 but not more than \$100,000 or both.

After one prior drug conviction: Imprisonment for a least fifteen days but not more than two years, a fine of at least \$2,500 but not more than \$350,000 or both.

After two or more prior drug convictions: Imprisonment for at least ninety days but not more than three years, a fine of at least \$5,000 but not more than \$250,000 or both. See special sentencing provisions for possession of crack cocaine.

21 U.S.C. 844.a.: A civil fine of up to \$10,000.

21 U.S.C. 853.1.: Denial of federal benefits, such as student loans, grants, contracts, and professional and commercial licenses, up to one year for first offense, up to five years for second and subsequent offenses.

21 U.S.C. 853.a.2 and 88a.a.7.: Forfeiture of personal and real property used to possess or to facilitate possession of a controlled substance if that offense is punishable by more than one-year imprisonment. See special sentencing provisions for the possession of crack cocaine.

21 U.S.C.. 881.a.: Forfeiture of vehicles, boats, aircraft or any other conveyance used to transport or conceal a controlled substance. (Vehicles may be impounded in cases involving any controlled substance in any amount.)

Special sentencing provisions for possession of crack cocaine: Mandatory at least five years in prison, not to exceed twenty years, and fine of up to \$25,000 or both, if (a) first conviction and the amount of crack possessed exceeds five grams; (b) second crack conviction and the amount of crack possessed exceeds three grams; (c) third or subsequent crack conviction and the amount of crack possessed exceeds one gram.

Miscellaneous: Authorization to revoke certain federal licenses and benefits, e.g. Pilot licenses, public housing tenancy, are vested within the authorities of individual federal agencies.

## **Types of Drugs**

**Schedule I:** Heroin, LSD, Peyote, Mescaline, Psilocybin (shrooms), other hallucinogens, Methaqualone, (quaaludes), Phencyclidine (PCP), and MDA Schedule

### **Health Risks**

Psychologically and physically addictive; depression, withdrawal symptoms, convulsions, death, unpredictable behavior with hallucinogens; possible damage to unborn fetus

### **To Possess**

Maximum Penalty: Five years in prison and/or fine (felony)

### **To Possess with Intent to Sell or Deliver; to Manufacture or to Sell and/or Deliver**

Maximum Penalty: Ten years in prison and/or fine (felony)

**Schedule II:** Morphine, Demerol, Codeine, Percodan, Percocet, Fentanyl, Dilaudid, Seconal, Nembutal, cocaine, amphetamines, and other opium and opium extracts and narcotics

### **Health Risks**

Psychologically and physically addictive; withdrawal symptoms, convulsions, respiratory failure, frequent accidents; possible damage to unborn fetus; death; cocaine and amphetamines increase blood pressure which can lead to irregular heartbeat and death; amphetamines can cause agitation, increase in body temperature, hallucinations, convulsions, possible death

**To Possess**

Maximum Penalty: Two years in prison and/or \$2,000 fine (misdemeanor)

**UNLESS** 1. Exceeds 4 tablets, capsules, other dosage units or equivalent quantity of hydromorphone  
2. Exceeds 100 tablets, capsules, other dosage units or equivalent quantity 3. One gram or more of cocaine; Maximum Penalty: Five years in prison and/or fine (felony)

**To Possess with Intent to Sell or Deliver; to Manufacture or to Sell and/or Deliver**

Maximum Penalty: Ten years in prison and/or fine (felony)

**Schedule III:** Certain barbiturates such as Amobarbitol and codeine containing medicine such as Fiorinal #3, Doriden, Tylenol #3, Empirin #3 and cocaine-based cough suppressants such as Tussionex and Hycomine; and all anabolic steroids

**Health Risks**

Psychologically and physically addictive; potential liver damage, nausea and vomiting, dizziness, disorientation, shallow breathing, cold and clammy skin, coma, possible death; withdrawal symptoms include anxiety, tremors, insomnia, convulsions; possible damage to unborn fetus

**To Possess**

Maximum Penalty: to possess less than 100 tablets, capsules, other dosage units or equivalent quantity: Two years in prison and/or fine (misdemeanor); to possess more than 100 tablets, capsules, other dosage unit or equivalent quantity: Five years in prison and/or fine (felony)

**To Possess with Intent to Sell or Deliver; to Manufacture or to Sell and/or Deliver**

Maximum Penalty: Five years in prison and/or fine (felony)

**Schedule IV:** Barbiturates, narcotics and stimulants including Valium, Talwin, Librium, Equanil, Darvon, Darvocet, Placidyl, Tranzene, Serax, Ionamin (yellow jackets)

**Health Risks**

Psychologically and physically addictive; drowsiness, withdrawal symptoms, tremors, abdominal and muscle cramps, insomnia, anxiety, convulsions, possible death; possible damage to unborn fetus

**To Possess**

Maximum Penalty: Same as Schedule III

**To Possess with Intent to Sell or Deliver; to Manufacture or to Sell and/or Deliver**

Maximum Penalty: Five years in prison and/or fine (felony)

**Schedule V:** Compounds that contain very limited amounts of codeine, dihydrocodeine, ethylmorphine, opium, and atropine, such as Terpene Hydrate with codeine, Robitussin AC

## **Health Risks**

Psychologically and physically addictive; nausea, gastrointestinal symptoms, drowsiness, withdrawal symptoms, including runny nose, watery eyes, panic, chills, cramps, irritability, nausea; possible damage to unborn fetus

### **To Possess**

Maximum Penalty: Six month in prison and/or fine (misdemeanor)

### **To Possess with Intent to Sell or Deliver; to Manufacture or to Sell and/or Deliver**

Maximum Penalty: Five years in prison and/or fine (felony)

[Schedule VI:](#) Marijuana, THC, hashish, hash oil, Tetrahydrocannabinol

## **Health Risks**

Psychologically addictive; increased risk of lung cancer, bronchitis, and emphysema; contributes to heart disease, fatigue, paranoia, possible psychosis; withdrawal symptoms including insomnia, hyperactivity and decreased appetite; depression of the immune system; decreased sperm count in men and irregular ovulation in women

### **To Possess**

#### **Maximum Penalty:**

To possess less than 1/2 ounce of marijuana or 1/20-ounce hashish: 30 days in prison and/or \$100 fine (misdemeanor); to possess more than 1/2 ounce of marijuana or 1/20-ounce hashish: Two years in prison and/or fine (misdemeanor); to possess more than 1 1/2 ounces of marijuana or 3/20 ounce of hashish or consists of any quantity of synthetic tetrahydrocannabinols or tetrahydrocannabinols isolated from the resin of marijuana: Five years in prison and/ or fine (felony)

### **To Possess with Intent to Sell or Deliver; to Manufacture or to Sell and/or Deliver**

Maximum Penalty: Five years in prison and/or fine (felony)

**Malt Beverage**—beer, 1/2 of 1% to 6% alcohol;

**Unfortified Wine**—wine not more than 17% alcohol;

**Fortified Wine**—wine of not more than 25% alcohol;

**Spirituos Liquor**—distilled spirits or ethyl alcohol, including spirits of wine, whiskey, rum, brandy, gin

**Mixed Beverage**—a drink composed in whole or part of spirituous liquor and served at restaurants, hotels, and private clubs licensed by the state.

## **Health Risks**

Psychologically and physically addictive; respiratory depression; depression of the immune system; increased risk of heart disease; cancer, accidents, hypertension; brain damage; damage to unborn fetus; impotence at high dosage levels

**To possess, attempt to purchase or purchase; to sell or give malt beverages, unfortified wine, fortified wine, spirituous liquor or mixed beverages to anyone under 21 years old; Maximum Penalty:**

Imprisonment for a term not exceeding two years or a fine, or both, in the discretion of the court

(misdemeanor); however, to possess, attempt to purchase or purchase by 19- or 20-year-old is an infraction punishable by a fine not to exceed \$25

### **Aider and Abettor**

1. Any person who is under 21 years of age to purchase and who aids or abets another to attempt to purchase, purchase or to possess, sell or give shall be guilty of a misdemeanor punishable by imprisonment for not more than six months and/or a fine up to \$500
2. Any person over 21 years of age to purchase and who aids or abets another to attempt to purchase, purchase or to possess, sell or give shall be guilty of a misdemeanor punishable by imprisonment for not more than two years and/or fine up to \$2,000

## **Tobacco Free Campus Policy**

### **Employee and Student**

The College is a 100% tobacco-free environment. The use of tobacco products is prohibited in any College buildings, facilities, vehicles, or property owned, leased, or operated by the College including all outside areas. The sale or free distribution of tobacco products, including merchandise, is also prohibited. This policy applies to all College employees, students, vendors, contractors, and visitors to campus.

### **I. DEFINITIONS**

- Tobacco is defined as all products delivered from, or containing tobacco, including and not limited to those listed below.
  - Cigarettes
  - Cigars, cigarillos
  - Pipes or hookah
  - Smokeless tobacco
  - Electronic cigarettes or vaporized nicotine
- Tobacco use is defined as smoking, chewing, dipping, or any other use of tobacco products.
  1. Tobacco is a plant where the leaves are harvested and treated to be used for cigarettes, cigars, and smokeless tobacco. The psychoactive chemical in cigarettes is nicotine. Nicotine can harm the developing young adult brain, affecting parts of the brain that control attention, learning, mood, and impulse control (NIH, 2020). Young adults who utilize and become addicted to nicotine are much more likely to become addicted to other drugs or substances (CDC, 2020). Immediate negative effects of tobacco include bad breath, fatigue, cough, shortness of breath, and increases in blood pressure, heart, and respiratory rate (NIH, 2020). Persistent usage of tobacco in any form can lead to heart diseases such as atherosclerosis, high blood pressure, stroke, heart attack, and an enlarged heart. Chronic tobacco smoking can also lead to debilitating lung diseases such as Chronic obstructive pulmonary disease or emphysema. Use of any form of tobacco can cause cancers of the oral mucosa, gastrointestinal tract, lungs,



bladder, and leukemia (NIH, 2020). Tobacco use kills about half of the people who use and takes at least 10 years off a person's life (NIH, 2020). The longer one uses tobacco, the worse the health consequences, which is why it is so important for younger adults to not begin this detrimental habit.

2. Electronic cigarettes (or e-cigarettes) are also called vapes, e-hookahs, and vape pens. E-cigarettes work by heating a liquid to produce an aerosol that is inhaled to the lungs. The liquid in electronic cigarettes can contain nicotine, tetrahydrocannabinol (THC), and/or cannabidiol (CBD) oils (CDC,2020). E-cigarettes that contain nicotine have similar risks associated with nicotine contained in tobacco cigarettes, as discussed in the prior passage. Scientists are still studying the effects of inhaled vapor on the respiratory system, and many of the ingredients in e-cigarette aerosol could also be harmful to the lungs in the long term (CDC, 2020). E-cigarettes often come in sweet or candy-like flavors that can be more appealing to the younger adult. A history of smoking or vaping nicotine, particularly daily, NC Central | 2024 Drug and Alcohol Abuse Prevention Program Report 24 increases the likelihood that young adults will use alcohol, marijuana, and other illegal drugs. More than 80 percent of youth who have substance use disorders use tobacco, develop nicotine dependence and continue using tobacco as adults (CDC, 2020). Another danger of e-cigarettes is that THC vaping products mixed with the filler Vitamin E acetate (and possibly other chemicals) have led to serious lung illnesses and deaths in the past several years (NIH, 2020).

## **II. PROHIBITION**

All individuals shall comply with the policy. It is the responsibility of all students, faculty, staff, and visitors to observe, adhere to, and respect the College's tobacco free policy. Citations and fines are imposed for using tobacco. Failure to adhere to the policy could result in disciplinary action for students and employees. Littering the remains of tobacco products or any other waste product on college property is further prohibited.

## **III. PUBLIC EDUCATION**

The College shall post appropriate signage on the campus educating students, employees, and visitors that the College is a tobacco-free campus and use other methods to further inform and educate the public of this prohibition.

## **Additional Resources**

**RHA Health Services – (336) 229-5905 - <https://rhahealthservices.org/>**

2732 Anne Elizabeth Drive

Burlington, NC 27215

Same Day Access Hours: Monday, Wednesday and Friday, 8:00 AM-3:00 PM

Crisis Hours: Monday – Sunday, 8:00 AM-12:00 AM

Same day access and Walk-In-Crisis

Comprehensive Clinical (CCA)/Diagnostic Assessments  
Substance Abuse Intensive Outpatient Therapy (SAIOP)  
Peer Support Services (PSS)  
Medication Assisted Treatment & Therapy (MATT)

- **RHA's Quick Response Team – (336) 365-6583**
  - Call or Text
  - Free Naloxone Kits
  - Fentanyl Test Strips
  - Substance Use Referrals
  - Assistance for Overdose Survivors

**Living Free Ministries – (336) 376-5066 – <https://livingfreeministries.net>**  
1230 Walnut Grove Lane  
Snow Camp, NC 27349

Faith Based  
Men's Residential Program for Substance Use  
Mental Health  
Sexual Trauma

**Residential Treatment Services of Alamance (RTSA) – (336) 227-7417**  
<https://www.rtsalamance.org/>  
136 Hall Avenue  
Burlington, NC 27217

Non Hospital Detoxification  
Facility-Based Crisis Services  
Residential Services for Substance Use  
Residential Services for Mental Health

**Vaya Health – 24/7 Crisis line: (800) 849-6127 – <https://vayahealth.com>**

Vaya Health's Access to Care line and 24 – Hour Referral  
Substance Use Disorders: Substance Use Recovery, Opioid Misuse Prevention & Treatment

**Never Use Alone Inc. – (800) 484-3731 or (800) 928-5330 (Spanish)**

<https://neverusealone.com> – Confidential Service. Call if you are going to use alone and an operator will dispatch EMS to your location if you become unresponsive

## **Drug Free Schools and Campuses Act (DFSCA) Regulations**

The College is in Compliance with The Biennial Review for Academic Years 2019-2021 as Required by EDGAR 34 C.F.R. Part 86:

## **Biennial Review and Report for Academic Years 2021-2023**

As Required by EDGAR 34 C.F.R. Part 86

### **Introduction**

Institutions of higher education (IHEs) receiving federal funds or financial assistance must develop and implement a program to prevent the unlawful possession, use, or distribution of illicit drugs and alcohol by students and employees. The program must include annual written notification of the following: standards of conduct; a description of sanctions for violating federal, state, and local law and campus policy; a description of the health risks associated with alcohol and other drugs (AOD) use; and a description of treatment options. In addition, IHEs must conduct a biennial review of the AOD program's effectiveness and the consistency of the enforcement of sanctions. This document is the biennial report for academic years 2021-2023, specifically September 1, 2021 – June 30, 2023.

### **Objectives of the Biennial Review**

1. To determine the effectiveness of, and to implement any needed changes to, the AOD prevention program\*
2. To ensure that campuses enforce the disciplinary sanctions for violating standards of conduct consistently\*
  - a.\*(Complying with the Drug-Free School and Campuses Regulations, 2001, 1997, p. 15; and EDGAR Part 86.100 (b) (2))

### **Representatives Who Contributed to the Biennial Review**

- Student Success Vice President (Carol Disque)
- Student Success Center Director (Ilona Owens, former)
- Public Safety Director (James Armstrong)
- Financial Aid Director (Keisha Ragsdale)
- Student Conduct Officer (Carol Disque)

### **Inventory of Policies**

1. Alcohol and Drugs on Campus (ACC Policy 2.1.6)  
<https://www.alamancecc.edu/wpcontent/uploads/2023/08/ACC-Policy-and-Procedure-Manual-2023-8-16-23.pdf>
2. Employees—Drugs and Alcohol on Campus (ACC Policy 3.4.2).  
<https://www.alamancecc.edu/wp-content/uploads/2023/08/ACC-Policy-and-ProcedureManual-2023-8-16-23.pdf>

3. Students—Alcohol and Drugs on Campus (ACC Policy 5.3.7)

<https://www.alamancecc.edu/wp-content/uploads/2023/08/ACC-Policy-and-ProcedureManual-2023-8-16-23.pdf> Also in 2023-2024 Student Handbook online at <https://catalog.alamancecc.edu/content.php?catoid=3&navoid=232>.

4. Student Code of Conduct, Rights, and Responsibilities, Part II.C. In 2023-2024

Student Handbook online at

<https://catalog.alamancecc.edu/content.php?catoid=3&navoid=229>.

5. Tobacco-Free Campus (ACC Policy 2.2.1)

<https://www.alamancecc.edu/wpcontent/uploads/2023/08/ACC-Policy-and-Procedure-Manual-2023-8-16-23.pdf>

**Biennial report link:**

chrome-extension://efaidnbmnnnibpcajpcglclefindmkaj/https://www.alamancecc.edu/wp-content/uploads/2022/09/Public-Safety-Report-2022-final-Reduced.pdf